

From the Editor

IN SUMMER'S GROOVE

There is a misconception that, in the summer, Florida is too hot, humid, and rainy for comfort. But as thousands of visitors from Europe, South America, and elsewhere know, summer is an ideal time to be here. The crowds have thinned, and hotels and restaurants are offering enticing specials. As for the heat, it makes that plunge in the pool or ocean all the more satisfying—don't you think?

Because we love Florida in the summer, we offer our annual "Road Trip!" feature exploring destinations around the Sunshine State and other drive-market regions. Now in its third year, "Road Trip!" has become something our readers look forward to and use as a practical guide for their own summer plans. It covers some of the most intriguing destinations within driving distance, including a private island that offers the ultimate family getaway, exclusive Disney experiences not everyone knows about, and the legendary Relais & Châteaux "Routes du Bonheur" in the American South. There is truly something for everyone in this 12-page package, which begins on page 42.

Summer also is a time for light, bright foods. We've asked five chefs to craft elevated vegetarian dishes as a celebration of the summer harvest and healthful eating. The results are so appetizing and visually appealing that it's hard to dispute "The Art of the Vegetable." Turn to page 54 for the mouthwatering ode to plant-based cuisine.

On a bittersweet note, "The Art of the Vegetable" was inspired by and is dedicated to our favorite vegan, Randie Dalia. Randie, who was instrumental in building Palm Beach Media Group over her 18 years of employment here, passed away in May. To say we miss her is an understatement. Randie had one of those larger-than-life personalities that had such an impact on those around her. Whether she was mentoring another woman, cooking a wholesome meal for those in need, or simply brightening a moment with her infectious laugh, she touched lives in innumerable ways. I will always remember her as a brilliant light, an unconditionally devoted friend, and an inspiration to always strive for something higher.

This summer, remember it's not the destination but the journey that will forge the most indelible memories. Enjoy it, wherever it takes you.



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CAPEHART



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LILA PHOTO

Turn up the heat this summer with #LMCFashBash, Loggerhead Marinelife Center's outrageous fashion showcase. Dress to impress and join the chic crowd on August 25 at The Gardens Mall.